

OCTOBER 2023

Fairgrounds Middle School

Assorted Sandwiches Available Daily on W/G Bread (Ham, Turkey, Tuna & Sun Butter & Jelly) W/ Vegetable, Fruit & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken Tenders, Baked Fries, Green Peas, Garden Salad, Fresh Fruit & Milk</p>	<p>3</p> <p>Grilled Cheese Sandwich on w/g Bread, Lays Potato Chip, Garden Salad, Fresh Fruit, Milk</p>	<p>4</p> <p>Chicken Patty on a w/g Bun Baked Beans, Broccoli, Garden Salad, Fresh Fruit, Milk</p>	<p>5</p> <p>BBQ Pulled Pork On a w/g Bun, Cole Slaw, Garden Salad, Fresh Fruit & Milk</p>	<p>6</p> <p>Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk</p>
<p>9</p> <p>No School Indigenous People Day</p>	<p>10</p> <p>Chicken Nuggets, W/Dipping Sauce, Dinner Roll, Green Bean, Garden Salad, Fresh Fruit, Milk</p>	<p>11</p> <p>W/G Pasta with Meat sauce, Bread Stick, Corn, Garden Salad, Fresh Fruit Milk</p>	<p>12</p> <p>Chicken Fajita Wrap, Cheese, Salsa, Corn, Refried Beans, Lettuce & Tomato, Fresh Fruit & Milk</p>	<p>13</p> <p>Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk</p>
<p>16</p> <p>Breaded Mozzarella Cheese Sticks, w/Marinara Sauce, Garden Salad, Broccoli, Fresh Fruit & Milk</p>	<p>17</p> <p>Turkey Taco Wrap, Corn, Cheese, Salsa, Black Beans, Lettuce & Tomato, Fresh Fruit & Milk</p>	<p>18</p> <p>Pizza Crunchers, Marinara Sauce, 4-way Veggie Mix, Garden Salad, Fresh Fruit & Milk EARLY RELEASE</p>	<p>19</p> <p>Hot Dog on a w/g Bun, Onion Rings, Veg Melody, Garden Salad, Fresh Fruit & Milk</p>	<p>20</p> <p>Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk</p>
<p>23</p> <p>Chicken Alfredo w/Pasta, Dinner Roll, Steamed Broccoli, Garden Salad, Fresh Fruit & Milk</p>	<p>24</p> <p>General Tso Chicken, Seasoned Rice, Dinner Roll, Oriental Veggie, Garden Salad, Fresh Fruit & Milk</p>	<p>25</p> <p>Hamburger or Cheeseburger On a w/g Bun, 4-way Veggie Mix, Garden Salad, Fresh Fruit & Milk</p>	<p>26</p> <p>Grilled Cheese Sandwich, Tater Tote, Carrots w/Dipping Sauce, Garden Salad, Fresh Fruit & Milk</p>	<p>27</p> <p>Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk</p>
<p>30</p> <p>Corn Dog, Baked Beans, 4 way veg mix, Garden Salad, Fresh Fruit & Milk</p>	<p>31</p> <p>Chicken Tenders Steamed Broccoli, Tater Tots. Garden Salad, Fresh Fruit, Scooby Doo Cookie & Milk</p>			