



OCTOBER 2023

Fairgrounds Middle School

Assorted Sandwiches Available
Daily on W/G Bread (Ham, Turkey,
Tuna & Sun Butter & Jelly) W/ Vegetable,
Fruit & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tenders, Baked Fries, Green Peas, Garden Salad, Fresh Fruit & Milk	3 Grilled Cheese Sandwich on w/g Bread, Lays Potato Chip, Garden Salad, Fresh Fruit, Milk	4 Chicken Patty on a w/g Bun Baked Beans, Broccoli, Garden Salad, Fresh Fruit, Milk	5 BBQ Pulled Pork On a w/g Bun, Cole Slaw, Garden Salad, Fresh Fruit & Milk	6 Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk
9 No School Indigenous People Day	10 Chicken Nuggets, W/Dipping Sauce, Dinner Roll, Green Bean, Garden Salad, Fresh Fruit, Milk	11 W/G Pasta with Meat sauce, Bread Stick, Corn, Garden Salad, Fresh Fruit Milk	12 Chicken Fajita Wrap, Cheese, Salsa, Corn, Refried Beans, Lettuce & Tomato, Fresh Fruit & Milk	13 Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk
16 Breaded Mozzarella Cheese Sticks, w/Marinara Sauce, Garden Salad, Broccoli, Fresh Fruit & Milk	17 Turkey Taco Wrap, Corn, Cheese, Salsa, Black Beans, Lettuce & Tomato, Fresh Fruit & Milk	18 Pizza Crunchers, Marinara Sauce, 4-way Veggie Mix, Garden Salad, Fresh Fruit & Milk EARLY RELEASE	19 Hot Dog on a w/g Bun, Onion Rings, Veg Melody, Garden Salad, Fresh Fruit & Milk	20 Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk
23 Chicken Alfredo w/Pasta, Dinner Roll, Steamed Broccoli, Garden Salad, Fresh Fruit & Milk	24 General Tso Chicken, Seasoned Rice, Dinner Roll, Oriental Veggie, Garden Salad, Fresh Fruit & Milk	25 Hamburger or Cheeseburger On a w/g Bun, 4-way Veggie Mix, Garden Salad, Fresh Fruit & Milk	26 Grilled Cheese Sandwich, Tater Tote, Carrots w/Dip- ping Sauce, Garden Salad, Fresh Fruit & Milk	27 Gills Pizza Garden Salad Veggie w/dipping sauce Fresh Fruit & Milk
30 Corn Dog, Baked Beans, 4 way veg mix, Garden Salad, Fresh Fruit & Milk	31 Chicken Tenders Steamed Broccoli, Tater Tots. Garden Salad, Fresh Fruit, Scooby Doo Cookie & Milk			

NATIONAL SCHOOL LUNCH WEEK 10/9/2023 – 10/13/2023

